

2021 冬季號

電子通訊

聖誕快樂!

在過往一年疫情仍然嚴峻的時候，為機構帶來不少的挑戰，感謝一直在路途上支持我們的每一位朋友。不但解決了防疫物資等的燃眉之急，還開展了不同的食物支援計劃，令惜食堂更多元化服務到更多有需要人士。來年惜食堂員工會繼續上下一心，將愛帶到香港每一個角落。在這聖誕佳節，祝大家身體健康！聖誕快樂！



回收事件簿 - 50噸雞翼



較早前惜食堂收到一個食物入口商電話，表示有數個貨櫃的急凍雞翼想捐贈。原來因為疫情關係，延誤了船期，令貨品到港後未能成功售出，入口商每一日都要支付昂貴的存倉費，為免再增加損失，決定捐贈給惜食堂。

遇到大批量食物捐贈是我們食物回收的挑戰之一，除了要爭分奪秒在食物有效日期前處理外，廚師面對大量相同的食物要絞盡腦汁，設計出不同的餐單；另外，要有足夠的空間存放食材也是其中一個難題！幸好最後都有善心人伸出援手，借出冷凍倉暫存食材。看見每一位服務使用者吃著雞翼的開心滿足表情，一切的努力都是值得的！

除了雞翼之外，惜食堂都需要不同種類的食材煮出營養均衡的膳食。如有食物捐贈，可致電2801 5333與本會職員聯絡。



惜食銜愛·分餉十載 感謝禮 2021

惜食堂於2011年成立至今，有賴各界人士鼎力支持，令惜食堂茁壯成長，今年踏入十週年。為感謝各界一直慷慨支持，惜食堂於12月6日假灣仔會議展覽中心舉行一個簡單而隆重的感謝禮。

活動分為兩個部分，包括互動展覽區及感謝典禮。展覽區中，展出了惜食堂的食物提取機及快將推出的智能食物捐贈機。在場人士可親身使用，體驗惜食堂加入智能元素的新服務，無論是食物支援或回收食物兩方面，會更具彈性及方便，迎合不同人士的需要，令服務更貼心。



感謝禮中，由主席梁錦松先生及一眾董事局成員，向超過120間支持機構致送感謝紀念品。感謝紀念品上可見米仔抱着一顆心，象徵我們對嘉賓的謝意，並感激大家與惜食堂攜手將愛送出予有需要的社群。此外，大會邀請了星級嘉賓-鄭秀文小姐親臨現場。Sammi一直十分認同惜食堂的理念，席間分享她在惜食堂做義工的體驗及感受。同時，惜食堂社區中心的12位惜食堂老友記更親臨會場獻唱「一點燭光」答謝來賓，場面既熱鬧又令人感動。

惜食堂衷心感激各界朋友一直以來的幫助，惜食堂成立十年，經歷了不少困難，感謝各界朋友的幫助，伸出援手讓惜食堂能轉危為機，服務到社會上有需要的人。

香草魚柳



小美(化名)是我們慈善機構伙伴的一位服務使用者，她今年42歲，是一名單親媽媽，與她9歲的女兒住在觀塘的劏房中。由於劏房的租金十分高昂，小美需要將大部份生活費補貼在房租上，可以花在膳食的費用十分少，只可以買一些價格低廉及不太有營養的罐頭食物充飢。惜食堂於今年初推出的全新服務——餸分餉，就能幫助這些家庭，免費提供已處理好的凍餸包，可立即烹煮，既能減輕膳食開支，又可節省買菜時間，有更多時間照顧女兒。父母總是將最好的留給子女，小美都不例外，很多時將最有營養、最美味的食物留給女兒，自己就吃剩菜。有一次，餸包菜式是香草魚柳，因為小美女兒不太喜歡香草的味道，小美才有機會一大口一大口地吃下整塊魚肉，小美頓時覺得十分感恩。在物質充裕的香港，仍然有人節衣縮食、三餐不繼。惜食堂推出不同膳食模式，如熱餐、速凍餐、餸菜包、小食及湯品等等，貼心照顧不同服務使用者需要，繼續實踐「停止浪費·解決飢餓·以愛相連」這個使命。

粒粒皆辛館 "No Pain, No Grain"
FOODSTEP JOURNEY
by Food Angel

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Winter 2021

E-NEWSLETTER

Wishing you a Merry Christmas!

The pandemic has brought many unprecedented challenges to Food Angel, and we are grateful for all your support which helped us immensely through the most difficult period, such as the provision of protective materials, and sponsorship on timely measure to provide meals in innovative modes, enabling us to reach out to those in need through various channels. Our team will continue to strive and spread love to the community. We wish you a merry Christmas, good health and happiness!



A Food Rescue Story 50 tonnes of chicken wings

We received a call from a food importer earlier, expressing his intention to donate a few cargo containers of frozen chicken wings to Food Angel. Due to the pandemic, many shipments are delayed, causing imported containers to be stuck at the Hong Kong transfer station. The importer refused to accept the goods as he has to pay an expensive storage fee, thus he decided to make a donation to Food Angel to cut further losses.

For safety reasons, our QA team sent the sample of the chicken wings to the lab for test. After receiving a satisfactory result, our kitchen accepted a portion of the product, and shared the rest with our charity partners. We were all thrilled to receive the unexpected meat donation, and were looking forward to trying different cooking methods of chicken wings

Receiving a food donation in large quantity is an operational challenge, as we need to handle the food before expiry in a timely manner, and our chef team has to come up with creative ways to treat the food to create a variety of menus. We were fortunate to solve the storage issue, as a warehouse offered assistance with instant storage rental. It was all worth the effort when we saw the joy on our service users' faces.

In addition to chicken wings, Food Angel needs different food donations to sustain the daily production of nutritious meals. We encourage you to donate food, please feel free to reach out at 2801 5333 for more information and arrangements.



Food Angel 10th Anniversary Thanksgiving Ceremony 2021

Food Angel celebrates its 10th anniversary this year, which was made possible through the great support of different friends from various fields. To express our sincere gratitude towards our generous donors and sponsors, a Thanksgiving Ceremony was held at the Hong Kong Convention and Exhibition Centre on the 6th of December.

The event consisted of an interactive exhibition and a ceremony. Food Angel' s latest machines, including the Automated Food Dispenser and "Food Smart Buddy" (to be launched), were displayed to demonstrate how innovation is incorporated in our latest food rescue and food assistance service channels, with the goal to increase flexibility and convenience for service users.



During the ceremony, Chairman of Food Angel, Mr. Antony Leung along with our board members presented Thank-you Trophies to over 120 sponsors and donors. The mascot Rice boy is holding a heart on the trophy to express our gratitude to the guests for working alongside Food Angel to spread love to the needy. We were honored to have Ms. Sammi Cheng, our celebrity guest who shares our mission, share her volunteer experience at the Food Angel kitchens with the guests. A small singing group of beneficiaries performed live and gave thanks to our guests, adding a touch of warmth to this joyful occasion.

We sincerely thank all supporters for your continuous assistance, and for walking with us in the past decade to overcome hurdles and spread love and care to the community.



Fish with Herbs

May, 42, is a single mom who shares a sub-divided flat with a 9 year old daughter, and they receive Food Angel meals at our charity partner. Although the flat is small, the rent is expensive, so May spends most of her income on rent, and sacrifices on meals. To let her save cooking cost and have more time to care for her daughter, the organization distributes cook-chill packs to May as an additional dish. As parents would want the best for their children, May leaves the largest portion of food for her daughter, and she would consume the leftovers. Her daughter does not enjoy one of the dishes, fish with herb, so May had the whole plate to herself. She felt grateful, as she had not have a large piece of meat for a long time.

In our society where material resources seem abundant, there are still people who do not have enough food. Food Angel has launched different meal assistance programmes to cater different individuals' needs, such as the cook-chill packs, cook-chill meals, and soup. We hope to be able to take care of the needy, holding true to our mission 'Waste not. Hunger not. With love' .



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