



惜食堂首間中央食物製造廠 「豐膳坊」正式投入生產

為迎合社會的需要，惜食堂得到滙豐的支持及贊助下，於今年成立了一所中央食物製造廠——「豐膳坊」，並於4月30日舉行開幕禮。開幕禮當天，邀請到惜食堂的合作伙伴及食物捐贈伙伴蒞臨開幕禮，一同見證惜食堂的里程碑。

隨著「豐膳坊」落成，除了製作熱飯餐外，將會採用「速凍」技術，預計每日可額外生產一萬份食物製品，包括飯餐、湯水及粥品類等，令總飯餐數量由現時的八千份增加至一萬八千份，大幅增加超過 125%。因此，惜食堂每年需要額外二百萬公斤的回收食材製作所需飯餐，故必須有賴食物捐贈商全力支持，才能配合發展。

「速凍飯餐關懷計劃」 擴大服務範疇 惠及更多有需要人士

「豐膳坊」投入服務後，將推出一項嶄新的「速凍飯餐食物關懷計劃」。因應食物安全要求，惜食堂對熱飯餐的食用時間有嚴格規定，亦受到慈善合作伙伴的營運時間所限，導致以往有部份機構未能參與派飯服務，同時亦未能滿足受者在周末及公眾假期的膳食需要。故推出「速凍飯餐關懷計劃」後，除去部份限制，讓更多慈善機構伙伴參與服務，惠及更多社會有需要人士。

惜食堂會與慈善機構伙伴合作，派發飯餐及湯水予已登記的服務使用者，讓他們自行在家翻熱。所有飯餐及湯水在最嚴格的國際食物安全及品質管理認證: ISO 22000 模式下生產，採用先進的速凍技術，完整保存食品的品質。食物保質期更可長達4日，而翻熱食物方式十分簡單，可使用電飯煲、鑊或煲和微波爐加熱。而且絕無添加防腐劑，食物既美味又健康。



大日子 小故事

李太太是惜食堂社區中心的同事，亦是我們的人肉資料庫，哪位老友記要少飯少鏝、哪位不吃牛肉、誰人昨天生病了、甚至他們鄰居的名字……她都瞭如指掌。李太太十分關心每一位老友記，例如二姑：二姑以前會去惜食堂社區中心食飯，但因為年紀漸大，行動不太方便後就改為外展上門送飯。外展姐姐每次探望她的時候，二姑都會提起李太如何關心她。

今年五月就是二姑的100歲生日，李太連同幾位同事特地上了二姑家中，為她送上一個生日蛋糕，並且唱了首生日歌，雖然過程很簡單、好普通，但當時二姑笑不攏嘴，望住李太感動神情，令大家深深領略「以愛相連」的意義。



「義」海柔情



每個早上，義工Robert在義工系統上報到後，就會走進惜食堂深水埗廚房的乾貨倉內，默默地剪開一包包的白米，然後逐一倒進膠箱裡貯存。完成這個任務後，他就會走進廚房協助製作超過二千份飯餐，完成後，他滿頭大汗地走出來，但總是臉帶笑容。

四年前，Robert在上海工作的女兒回港度歲期間，帶了他一同去惜食堂做義工。女兒在返回上海前叮囑爸爸：「你記得要去做義工呀！」自此，Robert每天風雨不改都前往惜食堂「開工」，就是為著這個對女兒的承諾。Robert表示成為「職業義工」後，生活變得充實，認識了很多朋友。最有趣的一位朋友是廚房對面車房養的小狗—小黑呢！但是最滿足的是，Robert每天跟女兒報告去了惜食堂做義工時，換來女兒一句甜話：「爸爸，乖喇...」

每個義工走進惜食堂都有著自己的原因及故事，但他們都有一個共通之處，就是必定帶著滿足的笑容完成義工工作。感謝您們的支持和付出！



「獨樂樂，不若眾樂樂。」

約埋同事參加【粒粒皆辛館】嘅機構體驗團啦！

One's happiness should be shared with others.
Why not join the Foodstep Journey Corporate Tour with your colleagues!

內容 Programme

1. 惜食展館導賞團 Guided Tour at Experience Centre
2. 自選其中一項：戶外體驗 / 廚餘再生工作坊 / 義工服務

Pick one from: Outdoor Activity / Food Waste Up-cycling Workshop / Volunteer Service

查詢 Enquiry 3705-2484



Summer 2019



THE GRAND OPENING OF OUR FIRST FOOD FACTORY “HARVEST MILL”

This year, with the support and sponsorship of HSBC, Food Angel has set up a central food processing centre Harvest Mill. The opening ceremony was held on April 30th. We are honored to have our partners and food donation partners to celebrate the milestone with us.

Harvest Mill will not only provide hot meal boxes, but also adopt cook-chill technology to prepare an additional 10,000 food items daily, including cook-chill meal boxes, soup and congee. This contributes to a 125% increase to our daily meal box production, from 8,000 to 18,000. To produce this number of meal boxes, Food Angel will need an extra 2 million kilogram of edible surplus food, which rely upon the support from Food Donors. We sincerely invite Food Donors to join hands with Food Angel to sustain our food rescue and assistance service to the needy in Hong Kong.

EXPANDING OUR SERVICE THROUGH THE COOK-CHILL FOOD CARE PROGRAMME

Our new Harvest Mill will provide a brand new service called the Cook-chill Food Care Programme.

For food safety concerns, Food Angel has implemented strict requirements on the consumption time frame of hot meals. For this reason, a number of organizations whose operation hours do not fit the time frame might not be able to distribute our meals. Beneficiaries were also unable to enjoy hot meals during weekends. The Cook-chill Food Care Programme relaxes the timeframe requirement and enables our meals to reach more organizations and beneficiaries.

Food Angel will partner with organizations to distribute meals and soups to registered users, who will then reheat the food at home. All meals and soups will be produced under the strictest food safety and quality control system, with ISO 22000 certification. Utilizing the most advanced cook-chill technology, food quality is well preserved with a shelf life of up to 4 days. Moreover, reheating can be easily done by using electric cookers, woks, pots, or microwave ovens. All meals are free of preservatives, healthy, and delicious.





YEE GU'S 100TH BIRTHDAY

Mrs. Li, one of the staff at Food Angel Community Centre, is also known as "the walking database". She remembers every little detail of our beneficiaries, and she can easily name, for example, who don't eat beef, and who did not come to the Centre the day before. She cares very much about each and every one of our beneficiaries, and Yee Gu is a good example.

Yee Gu used to have her meals at Food Angel Community Centre, but her legs' conditions became worse, making the journey to the Community Centre too difficult for her. Therefore, she has switched to our Outreach Service, in which Outreach Angels deliver hot meal boxes and food packs to her door. Since then, there is not a time when Yee Gu does not mention Mrs. Li to the Angels, to express her gratitude for Mrs. Li's care.

It was Yee Gu's 100th birthday this May, and Mrs. Li went along with other staff to Yee Gu's home to celebrate with her. They brought along a birthday cake, and sang her a birthday song. It was a simple but heart-warming celebration. More importantly, seeing Mrs. Li again brought the biggest smile to Yee Gu's face. The joy in her eyes reminds us the meaning of "With Love".

IT ALL BEGAN WITH A PROMISE

At the Food Angel Sham Shui Po kitchen, you would catch a glimpse of Robert's silent shadow every morning as he goes into the storage area after signing in at our volunteer system, and his daily ritual of transferring bags and bags of rice into the larger container commences. After the work of heavy lifting, he goes on to assist with the portioning of 2,000+ hot meals at the rather hot kitchen area. When the morning is finally over, sweat is always accompanied by a bright smile on his face.

Robert's long journey of volunteering began when his daughter paid him a visit from Shanghai for Chinese New year 4 years ago. She introduced him to Food Angel, where they created happy memories of volunteering together. Before her return to Shanghai, she urged her father to 'Remember to continue your volunteer work!' He gave her his word, and he has been keeping his promise ever since. One might even have mistaken Robert as a Food Angel staff, as you will never fail to find him at our kitchen!

Robert expressed that he felt life is more fruitful after becoming a 'regular' at Food Angel, and he has met many friends here. His best pal is definitely 'Asher', a puppy from the garage on the opposite road from the kitchen. Nevertheless, the most rewarding feeling comes from his daughter's approval after he gives his daily report of volunteering here. 'Good job, papa!' is the sweetest treat there is.



There are different stories behind each volunteer at Food Angel, but you can always find a common smile by the end of each volunteering session.