



齊心抗疫

在新冠狀病毒肆虐下，惜食堂為保障同事及服務使用者的健康，自2月份開始暫停了膳食服務。這段期間，有幸獲得各界人士伸出援手，無論是捐款、食物、餐券、防疫物資等，均慷慨捐贈，讓我們能繼續向服務使用者提供支援，以每星期派發一次性食物包/速凍膳食給予有需要人士，希望他們不需每天都到派飯點，亦能得到食物援助。

更重要的是每位同事在安全情況下仍能緊守崗位，有些同事將獲贈的口罩分裝成小包，務求有更多人受惠；有些同事忙於準備速凍膳食及食物包，送給慈善機構伙伴及服務使用者；外展天使亦維持每星期上門一次，派送食物，外展服務使用者陳婆婆說：「多謝各界人士的捐贈，解決了燃眉之急！」

另外，我們積極與不同的慈善機構伙伴接洽，向受疫情影響而失業或需要支援的朋友提供緊急食物援助，務求渡過「疫」境。

惜食堂衷心感謝大家在這非常時期一同共渡難關！

你知道嗎？

深水埗外展服務中，住在最高樓層的老友記是位於**10樓**天台屋，外展同事需要步行**158級**樓梯送飯餐到其家中。

在疫情期間

本會有以下特別安排：



義工安排

惜食分餉站、深水埗廚房、柴灣廚房、豐膳坊以及社區中心，義工服務將暫停直至另行通知。



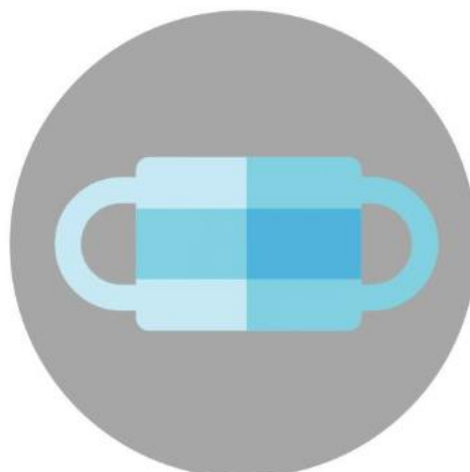
機構措施

員工必須每天量度體溫、佩戴口罩及時常清潔雙手，保持社交距離；機構亦會定時消毒環境。



膳食安排

提供有限度速凍餐服務，亦會因應慈善機構伙伴及服務使用者的需要，派發食物包。



義工安排

口罩及消毒搓手液等防疫物資，會隨速凍餐或食物包派發予各位服務使用者。



一盒飯 一個故事

**我們感謝各定期
捐助者的支持。
2019-2020財政
年度的收據
將於4月底前寄
發，祈請垂注。**

嬌嬌婆婆是「惜食分餉@中銀香港」項目中的服務使用者；數年前，她位於古洞的寮屋寓所被一場大火摧毀，因經濟問題只能在原址搭建一間鐵皮屋續居，但室內設備簡陋，可以說是家徒四壁。由於沒有公共交通工具直達婆婆住處，故她日常只會深居簡出。自推出此項目後，惜食堂的飯餐可送達較偏遠的地方，幫助當區有需要的居民。而嬌嬌婆婆正是受惠於此項目，現在不但幫她減少了長途跋涉出市區購買食材的次數及紓緩其經濟壓力外，還可獲得營養均衡的膳食，更重要的是得到一份關懷。



「傳遞愛」

惜食堂希望為日常所製作的愛心飯餐定期加添新意，並與服務使用者加強連繫，故在今年推出全新活動－「傳遞愛」；於特定的節慶日中，在飯餐裡加添應節食材，及製造不同的驚喜，而惜食堂同事及義工們更會走訪部份慈善機構伙伴，務求透過應節飯餐及我們的小心思，讓每位服務使用者感受到關愛及暖意。首個「傳遞愛」便揀選了人人都十分重視的農曆新年舉行，廚師團隊悉心準備了兩款賀年餸菜，並連同自家設計的米仔揮春送給每位服務使用者。當天，部份惜食堂同事聯同義工結伴前往各機構伙伴親自向老友記送上賀年飯餐，雖然大家是首次見面，但像老朋友般，親切地互相問候，熱鬧非常，充滿著節日氣氛。我們期望將「愛」傳遍每一個角落，請大家一同「傳遞愛」！



員工Hannah感想:

「活動當日見到公公婆婆不停同我哋講『辛苦囉你哋喇...』嗰刻覺得所有時間及心機都係值得。」



老友記蔡婆婆感想:

「多謝惜食堂！餸菜好好味，揮春好靚。祝大家新一年身體健康！心想事成！」



TOGETHER, WE FIGHT THE VIRUS

In response to the coronavirus outbreak, Food Angel has suspended our usual hot meal service since February to safeguard the health of staff and beneficiaries. We are grateful to have received generous donation that includes funds, food, meal coupons and infection control items, which enabled us to continue serving our beneficiaries through the distribution of one-off food packs and cook-chill dishes. This contingency measure ensures that they receive the food assistance they need without travelling to collection points. During this unusual time, our staff may be working in unfamiliar roles, such as repackaging donated masks for redistribution to more beneficiaries, and preparing cook-chill dishes and food packs for our charity partners and the needy. On the other hand, Outreach Angels still maintain a weekly visit to the elderly's homes to deliver the emergency packs. "Thank you very much for all your timely donation, which was like coal delivered in winter!" said Grandma Chan, a beneficiary of our outreach programme. We maintain close contact with our charity partners, and together we are providing urgent food assistance to people in need, especially those who have recently lost their jobs due to the pandemic. We would like to express our most sincere gratitude for your great support during this difficult time!

We have adopted the following measures during the outbreak of the coronavirus:



VOLUNTEER

Volunteer services at Food Station, KLN & HK kitchen, Harvest Mill & Community Centre will be suspended until further notice.



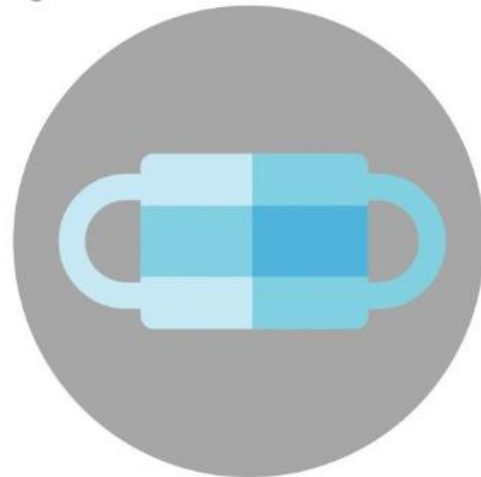
OPERATIONAL ARRANGEMENTS

All staff are required to have their body temperature measured on a daily basis, wear face masks, sanitize or wash their hand frequently; thorough disinfection of the entire premise is also carried out on a regular basis.



MEAL SERVICES

Our daily hot meal service is suspended and replaced by limited cook-chill meal service. Food packs will be distributed according to the needs of our charity partners and the service users.



INFECTION CONTROL ITEM DISTRIBUTIONS

Protective masks and hand sanitizers will be distributed along with our cook-chill items and food packs to our service users.



Story behind a Hot Meal

We're grateful for the continuous support from all our regular donors. Please be advised that the FY2019-2020 annual receipt will be sent out in late April.

Grandma QQ is a beneficiary under the 'Food Angel x BOC Food Rescue and Assistance project'; Her home in Kwu Tung was burnt down a few years ago in a horrible fire, and she could only afford to build a simple squatter hut with metal sheets to live in, with nothing in it but only the most essential facilities. Her hut is in a remote area without public transportation access, so it takes a long time for her to travel to town every time she needs to buy necessities like food. With the launch of this programme, our hot meals can now reach remote area such as Grandma QQ's residence. She can now spend a lot less traveling time and enjoy healthy and balanced meals, while saving a little more money for her other needs.



'DELIVERING LOVE' PROGRAMME

To increase variety of our daily meals and to strengthen connections with our beneficiaries, Food Angel launched a new programme this year - "Delivering Love". Under the programme, we will add festive items and pleasant surprises into our hot meals in special occasions. Food Angel's staff and volunteers will visit our Charity Partners to show care to our beneficiaries. The first "Delivering Love" was hosted during Chinese New Year. Our beneficiaries enjoyed two extra meal items specially prepared by our chefs, and received festive Rice Boy fai chun's from our staff and volunteers.



'Seeing the happy faces on our beneficiaries and hearing their "thank you"s, I felt that all the time and effort spent are well worth it.' said Hannah, our Senior Officer.]



'Thank you Food Angel! The meal box is very tasty and the Fai Chun looks sharp. Wish you all good health and great success in the coming new year!' said Grandma Yip